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| --- | --- | --- | --- | --- | --- |
|  | WEEK 1 | WEEK 2 | WEEK 3 | Other Options | EXTRA’s |
| Day | **Main Option** | Main Option | **Main Option** | Extra daily | Daily |
| Monday | **Pasta Twists**  **with Tomato sauce**  **Cheese and Ham**  **Sweetcorn**  **Fruit Salad** | **Pepperoni Pizza**  **Sweetcorn**  **Yoghurt & Fruit Mix** | **Pasta Twists with Tomato sauce**  **Cheese and Ham**  **Sweetcorn**  **Strawberry Frozen mousse** | **Rolls with**  **Ham; Cheese; Tuna**  **Jacket Potatoes**  **with butter**  **Cheese or Tuna** | **Carrot and cucumber sticks**  **Cherry tomatoes**  **Coleslaw**  **Fresh Yoghurts**  **Fruit** |
| Tuesday | **Beefburger, Mini Waffles & Beans**  **Crumble & Custard** | **Meatballs & Pasta**  **Mixed Veg**  **Chocolate Crunch** | **Sausage**  **Mash**  **Mixed Veg**  **Flapjack** | **Rolls with**  **Ham; Cheese; Tuna**  **Jacket Potatoes**  **with butter**  **Cheese or Tuna** | **Carrot and cucumber sticks**  **Cherry tomatoes**  **Coleslaw**  **Fresh Yoghurts**  **Fruit** |
| Wednesday | **Roast Chicken, Yorkshire pudding, Roast Potatoes and Carrots**  **Yoghurt & Fruit Mix** | **Toad in the Hole, Roast Potatoes & Carrots**  **Jelly & Fruit Mix** | **Roast Chicken, Yorkshire pudding, Roast Potatoes and Carrots**  **Cheese & Crackers** | **Rolls with**  **Ham; Cheese; Tuna**  **Jacket Potatoes**  **with butter**  **Cheese or Tuna** | **Carrot and cucumber sticks**  **Cherry tomatoes**  **Coleslaw**  **Fresh Yoghurts**  **Fruit** |
| Thursday | **Sausage, Mash &**  **Mixed vegetables**  **Flapjack** | **Turkey Burger**  **Herby Potatoes**  **Baked Beans**  **Cookies** | **Ham & Cheese Pizza & Beans**  **Yoghurt & Fruit** | **Rolls with**  **Ham; Cheese; Tuna**  **Jacket Potatoes**  **with butter**  **Cheese or Tuna** | **Carrot and cucumber sticks**  **Cherry tomatoes**  **Coleslaw**  **Fresh Yoghurts**  **Fruit** |
| Friday | **Fish Fillets**  **Herby Potatoes**  **Peas**  **IceCream** | **Fish Fingers, Mini Waffles**  **Peas**  **Fruit Salad** | **Fish Fillets**  **Mini Waffles**  **Peas**  **Ice Cream** | **Rolls with**  **Ham; Cheese; Tuna**  **Jacket Potatoes**  **with butter**  **Cheese or Tuna** | **Carrot and cucumber sticks**  **Cherry tomatoes**  **Coleslaw**  **Fresh Yoghurts**  **Fruit** |

**Bolton’s Kitchen Menus January 2023 (Monday 9th Jan start week 1)**

**SPRING TERM 2019**