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| --- | --- | --- | --- | --- | --- |
|  | WEEK 1 | WEEK 2 | WEEK 3 | Week 4 | Other Options |
| Day | **Main Option**  | Main Option  | **Main Option** | Main Option | Extra daily |
| Monday | **Pasta Twists****with Tomato sauce****Cheese and Ham****Sweetcorn****Fruit Salad** | **Ham & Cheese Pizza****Sweetcorn****Yoghurt & Fruit**  | **Pasta Twists with Tomato sauce****Cheese and Ham****Sweetcorn****Strawberry Frozen mousse** | **Pepperoni Pizza****Beans****Fruit Salad** | **Rolls with** **Ham; Cheese; Tuna****Jacket Potatoes****with butter****Cheese or Tuna** |
| Tuesday | **Sausage, Mash & Beans****Flapjack** | **Meatballs & Pasta****Mixed Veg****Chocolate Crunch** | **Beef Burger in a Bun** **Mini Waffles****Beans****Crumble & Custard** | **Mac & Cheese****Sweetcorn****Marshmallow Krispies** | **Rolls with** **Ham; Cheese; Tuna****Jacket Potatoes****with butter****Cheese or Tuna** |
| Wednesday | **Roast Chicken, Yorkshire pudding, Roast Potatoes and Carrots****Yoghurt & Fruit** | **Toad in the Hole, Roast Potatoes & Carrots****Jelly & Fruit**  | **Roast Chicken, Yorkshire pudding, Roast Potatoes and Carrots****Jelly & Fruit** | **Toad in the Hole, Roast Potatoes & Carrots****Cheese & Crackers** | **Rolls with** **Ham; Cheese; Tuna****Jacket Potatoes****with butter****Cheese or Tuna** |
| Thursday | **Pasta Bolognaise, Mixed Vegetables****Marshmallow Krispies** | **Turkey Burger in a Bun****Mini Waffles****Baked Beans****Cookies** | **Sausage & Mash****Mixed Vegetables****Yoghurt & Fruit** | **Chicken Curry & Rice****Mixed vegetables****Flapjack** | **Rolls with** **Ham; Cheese; Tuna****Jacket Potatoes****with butter****Cheese or Tuna** |
| Friday | **Fish Fillets** **Mini Waffles****Peas****Ice Cream** | **Fish Fingers** **Herby Potatoes****Peas****Fruit Salad** | **Fish Fillets** **Herby Potatoes****Peas****Ice Cream** | **Fish Fingers** **Mini Waffles****Peas****Fruit Salad** | **Rolls with** **Ham; Cheese; Tuna****Jacket Potatoes****with butter****Cheese or Tuna** |

**Bolton’s Kitchen Menus Sept 2023 (Monday 11th Jan start week 1)**

**SPRING TERM 2019**