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| --- | --- | --- | --- | --- | --- |
|  | WEEK 1 | WEEK 2 | WEEK 3 | Week 4 | Other Options |
| Day | **Main Option** | Main Option | **Main Option** | Main Option | Extra daily |
| Monday | **Pasta Twists**  **with Tomato sauce**  **Cheese and Ham**  **Sweetcorn**  **Fruit Salad** | **Ham & Cheese Pizza**  **Sweetcorn**  **Yoghurt & Fruit** | **Pasta Twists with Tomato sauce**  **Cheese and Ham**  **Sweetcorn**  **Strawberry Frozen mousse** | **Pepperoni Pizza**  **Beans**  **Fruit Salad** | **Rolls with**  **Ham; Cheese; Tuna**  **Jacket Potatoes**  **with butter**  **Cheese or Tuna** |
| Tuesday | **Sausage, Mash & Beans**  **Flapjack** | **Meatballs & Pasta**  **Mixed Veg**  **Chocolate Crunch** | **Beef Burger in a Bun**  **Mini Waffles**  **Beans**  **Crumble & Custard** | **Mac & Cheese**  **Sweetcorn**  **Marshmallow Krispies** | **Rolls with**  **Ham; Cheese; Tuna**  **Jacket Potatoes**  **with butter**  **Cheese or Tuna** |
| Wednesday | **Roast Chicken, Yorkshire pudding, Roast Potatoes and Carrots**  **Yoghurt & Fruit** | **Toad in the Hole, Roast Potatoes & Carrots**  **Jelly & Fruit** | **Roast Chicken, Yorkshire pudding, Roast Potatoes and Carrots**  **Jelly & Fruit** | **Toad in the Hole, Roast Potatoes & Carrots**  **Cheese & Crackers** | **Rolls with**  **Ham; Cheese; Tuna**  **Jacket Potatoes**  **with butter**  **Cheese or Tuna** |
| Thursday | **Pasta Bolognaise, Mixed Vegetables**  **Marshmallow Krispies** | **Turkey Burger in a Bun**  **Mini Waffles**  **Baked Beans**  **Cookies** | **Sausage & Mash**  **Mixed Vegetables**  **Yoghurt & Fruit** | **Chicken Curry & Rice**  **Mixed vegetables**  **Flapjack** | **Rolls with**  **Ham; Cheese; Tuna**  **Jacket Potatoes**  **with butter**  **Cheese or Tuna** |
| Friday | **Fish Fillets**  **Mini Waffles**  **Peas**  **Ice Cream** | **Fish Fingers**  **Herby Potatoes**  **Peas**  **Fruit Salad** | **Fish Fillets**  **Herby Potatoes**  **Peas**  **Ice Cream** | **Fish Fingers**  **Mini Waffles**  **Peas**  **Fruit Salad** | **Rolls with**  **Ham; Cheese; Tuna**  **Jacket Potatoes**  **with butter**  **Cheese or Tuna** |

**Bolton’s Kitchen Menus Sept 2023 (Monday 11th Jan start week 1)**

**SPRING TERM 2019**