**Senior Mental Health Lead Training**

**SMHL Strategic Plan September 2024**

**Boltons CofE Primary School**

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| **Leadership and management** | **Action** | **when** | **who** | **success criteria** | **resources** |
|  | Head teacher to identify key staff (e.g., SMHL, pastoral leads, PSHE lead) to have responsibility for mental health across the school. | April 2024 | HT | There is a mental health team that is working with the SMHL, and key staff are in place. | Time |
|  | A senior mental health lead has been identified and received training from a DfE-approved provider and completed a strategic plan.  | April 2024 | SMHL | An SMHL has attended training and used DfE grant. | DfE grant |
|  | Mental health strategic plan integrated into the school improvement plan. | Sept 2024 | SMHL and SLT | Strategic plan is aligned to school priorities and mental health provision. | SMHL time |
| **Ethos and environment** | The website to reflect the school’s mental health approach and display how the school promotes and supports mental health.  | Sept 2024 | SMHL and SLT  | The website will be updated to reflect the school’s mental health approach.  | SMHL time |
| **Identifying need and monitoring impact** | Monitor the impact of interventions regularly using the most appropriate tools, taking a graduated response where necessary | Every 6 weeks, starting Sept 2024 | SMHL and teaching staff | Clear systems and documents that monitor impact and escalation where necessary | Teaching staff time |
| **Curriculum, teaching and learning** | Review the assembly plan to include some regular sessions on resilience and mental health  | May 2024(mental health awareness week and beyond) | SMHL or teaching staff | The assembly school plan includes session on mental health and resilience |  |
|  | To audit current provision across subjects to create links and opportunities to teach resilience and promote wellbeing, including PE/sport | Sept 2024 | Subject leads | Schemes of learning demonstrate where and how resilience and wellbeing are taught across most subjects | Curriculum meeting time |
|  | Work alongside the PSHE lead to ensure common worries and concerns from screening are included in the curriculum and delivered regularly | May 2024 | PSHE lead and SMHL | The PSHE curriculum is taught regularly and contextual to the needs of the school | Management time |
| **Student voice** | School council meetings which focus on actively driving change related to the strategic plan.  | Sept 2024 | Staff members who oversee the school council | School council meetings planned in to discuss mental health and strategic plan.  |  |
| **Staff development** | When policies are planned for review, evaluate them to ensure they reflect the mental health and wellbeing practices of the school | Autumn term 2024 (as and when) | SMHL and SLT | Policies and staff induction include mental health and wellbeing | Management time |
|  | SLT to review the impact on staff workload when new initiatives are planned | Sept 2024 (reviewed annually) | SLT | Staff report that workload is considered | SLT meeting time |
| **Parents, carers and families** | To promote mental health and wellbeing to parents, carers and families and signpost to appropriate local and national organisations | Spring term 2025 | SMHL | Newsletter in place, and the school website reflects the mental health and wellbeing offer of the school and provides sources of support | Management time |
| **Targeted support and appropriate referral** | To get to know local external agencies and early help support, including referral routes and thresholds for accessing help | Autumn term 2024 | SMHL | The senior mental health lead is confident to refer and access help within the school’s local context | Cover costs |
|  | Engage in local mental health networks with schools | Spring term 2025 | SMHL | Confident SMHL who gains support and provides support to others | Cover costs |